

Mood Words

Mood: The atmosphere of a text, which the reader emotionally connects to.

- Often relates to the setting of the book.
- How the text makes you feel.
- When you're "sucked into a book," you're caught up in the mood, feeling how the characters feel, like you're really there in the scene.

Positive Mood Words

amused	liberating
awed	light-hearted
bouncy	loving
calm	mellow
cheerful	nostalgic
chipper	optimistic
confident	passionate
contemplative	peaceful
content	playful
determined	pleased
dignified	refreshed
dreamy	rejuvenated
ecstatic	relaxed
empowered	relieved
energetic	satiated
enlightened	satisfied
enthralled	sentimental
excited	silly
exhilarated	surprised
flirty	sympathetic
giddy	thankful
grateful	thoughtful
harmonious	touched
hopeful	trustful
hyper	vivacious
idyllic	warm
joyous	welcoming
jubilant	

Negative Mood Words

aggravated
annoyed
anxious
apathetic
apprehensive
barren
brooding
cold
confining
confused
cranky
crushed
cynical
depressed
desolate
disappointed
discontented
distressed
drained
dreary
embarrassed
enraged
envious
exhausted
fatalistic
foreboding
frustrated
futile
gloomy
grumpy
haunting
heartbroken
hopeless
hostile
indifferent
infuriated
insidious
intimidated
irate
irritated

jealous
lethargic
lonely
melancholic
merciless
moody
morose
nauseated
nervous
nightmarish
numb
overwhelmed
painful
pensive
pessimistic
predatory
rejected
restless
scared
serious
sick
somber
stressed
suspenseful
tense
terrifying
threatening
uncomfortable
vengeful
violent
worried